

Breakfast

Breakfast is the most important meal of the day, so take the time to enjoy it and choose from one of our delicious and nutritious options lovingly prepared, just for you.

The Full Irish locally sourced bacon, sausages, Clonakilty black & white pudding, fried mushrooms, griddled tomato and your choice of scambled or fried free range eggs with toast. 4,6,7,13,14	€8.95
Breakfast Bap locally sourced bacon, sausage, Clonakilty black & white pudding and a fried egg with Ballymaloe relish. 4,6,7,13,14	€6.95
Irish smoked salmon and cream cheese bagel. 4,6,7,9 🕞	€7.95
Irish smoked salmon and scrambled free range eggs with toasted spelt bread. 4,6,7,9 ক্রি	€8.95
Chorizo fried potato and baby spinach baked free range eggs served with toast. 4,5,6,13,14	€8.95
Flahavan's porridge with honey and berries. 4,7	€4.95
Mixed berry granola with Irish natural yoghurt. 1,4,7	€5.50
Pancakes served with a choice of: • Bacon & maple syrup. 4,6,7,8,14 • Honey & berries. 4,6,7,8 • Nutella 1 4 6 7 8	€3.95 €3.95



Delicious, fresh food from our kitchen to your plate, every day.







Sandwiches, Panini & Wraps

Fresh from the kitchen

Prepared fresh to order, each dish is packed full of flavour and deliciousness.

Warm Asian beef and cucumber salad, toasted sesame se soba noodles. 3,4,6,8,14	eeds and warm	€12.00
Butterflied chicken breast with sundried tomatoes, brie as served with spinach and sauté potatoes. 3,4,13,14	nd sage crumb	€12.00
Fish and chips, lightly battered hake with pea puree, lemotartar sauce served with French fries. 4,6,7,9,14 @	on and caper	€12.00
Spice crusted roast cod fillet with green beans, pesto pota tomato aioli. 2,4,5,6,9	atoes and a	€12.00
Chickpea and roast vegetables in a puff pastry case with r pepper aioli. 1,4,6,7,13		€11.00
Char-grilled Mediterranean vegetable tian with cork mozabasil leaves and an olive tapenade. 2,7,13 (a)	zarella,	€9.95
Crispy pork belly and apple chutney sandwich with hand-coleslaw. 4,6,8,13,14 @		€9.95
Pulled 16 hour slow cooked beef brisket of beef, glazed w and served with a fresh tomato chutney on a ciabatta. 4,5,8		€9.95
Side Orders:		

• French friesⓒF) • Choice of side salad from our salad bar **Triple Decker Club** on toasted brown, white or gluten free bread with a full breast of roast chicken, bacon, lettuce, tomato, mayonnaise and our homemade red onion marmalade. 4,6,8,14 🗊

Choose one of our **chefs' sandwiches**, served on your choice of ciabatta, focaccia, wrap, gluten free wrap or gluten free bread.

- Dolphin friendly tuna melt with celery, scallion and mustard mayonnaise with lashings of melted cheese. 4,7,9,12,13 @
- Full warm chicken breast with our homemade pesto, spinach leaves, sun blushed tomatoes with a hint of sweetened chilli and parmesan shavings. 1,2,4,6,7 (a)
- Home cooked marinated ham with matured brie, tomato and rocket with a honey mustard mayonnaise. 4,6,7,13 @
- Full warm chicken breast with spinach leaves, mixed peppers and a cajun garlic aioli. 4,6,13 f

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€7.95

Soups

€3.95 €3.95

Made from only the freshest of ingredients each day, choose from our Country Vegetable or Daily Stewp Special for a filling and wholesome hug in a bowl.

Served with our homemade rustic soda bread

- Country Vegetable Soup 4,7,8,13
- Daily Stewp Special a chunky, wholesome cross between a stew and a soup to leave you full and satisfied. Ask about today's special.

€4.75 €7.95

Salads



Caesar Salad with fresh parmesan shavings and toasted croutons available with your choice of Warm Chicken & Bacon, Goats Cheese & Bacon or Salad Prawns. 4,6,7,9,10,12,13,14 @

Your choice of **Char-grilled Chicken Breast**, **Honey Roast Ham**, **Tuna** or **Goats Cheese** with 3 Salads from our Salad Bar.

Salad Bar

Choose from our healthy and wholesome salad bar to create your own perfect lunch

- Super salad with mung bean shoots, grated carrots, chickpeas and rocket with a pomegranate dressing. 1,4,12,13
- Sobo Noodles with a miso & orange dressing, coriander, chilli and grated vegetables. 3,4,8,12
- Macaroni pasta with sundried tomatoes, fresh torn basil and roasted peppers. 1,4
- Green beans, sugar snap peas, slow roasted onions with a crumbed goat's cheese and citrus dressing. 7,8
- Potato salad with rocket leaves and honey mustard dressing. 4,6,7,13

Desserts

All our desserts are made fresh in our own kitchen every day, using only the best of ingredients.

*Our **Gluten Free range** is prepared daily at Granny Maddock's Kitchen, the largest gluten free bakery in the South East.

€5.00 each -

(Available with all desserts)

€1.00

Homemade banoffee pie with fresh whipped cream and a rich Belgian chocolate sauce 1,4,7

Apple & cinnamon ginger crunch with an all butter puff pasty lid 4,6,7

Raspberry & organic white chocolate cheesecake with a delicious shortcake biscuit base served with a fresh raspberry coulis. 1,6,7 (a)

Rich dark Belgian chocolate and Seville orange truffle cake served with a passion fruit sauce 1.4.6.7

Three scoops of delicious Wexford ice-cream served with seasonal fruit (strawberry, chocolate & vanilla). 6,7,8

Fresh pavlova with lashings of chantilly cream and fresh strawberries. ©

Freshly baked in our kitchen each morning...

- Choice of plain or fruit scone
- Croissant
- Granola bars
- Giant Cookies (Triple Chocolate or White Chocolate & Raspberry)
- Tulip muffins (Triple chunk, Blueberry or White Chocolate & Raspberry)
 Belgian milk chocolate rocky road bars
 Ask about today's choice of freshly baked gluten free options





Opening Hours

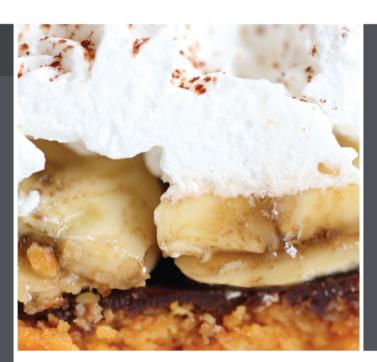
9am - 5pm. Monday to Saturday

11am - 5pm Sundays & Bank Holidays

1. Peanuts	5. Lupin	10. Crustaceans
2. Tree Nuts	6. Eggs	11. Mollusca
3. Sesame	7. Milk	12. Cellery
4. Wheat* please let us know if you	8. Soya	13. Mustard
are gluten intolerant	9. Fish	14. Sulphites

Œ Available as Gluten Free. Please specify when vou order

If you have any specific dietary requirements, please let us know



Beverages

All our coffees are made using the finest of Italian coffee blends, created by Illy. Decaf tea and coffee also available. Soya milk available.

Flat White Cappuccino	€2.85 €2.85
Mocha Latte	€2.95 €2.85
Add Cream / Hot Milk	€0.30
Flavoured Syrup	€0.50
• Regular Tea for 1	€2.25
• Regular Tea for 2	€3.50
Solaris Herbal Teas	€2.95
Hot Chocolate	€2.95

Cold Drinks

San Pelligrino, Arizona Green Teas, Naked Smoothies, Purdies Botanical and Eamon's Organic Juices, made locally in Callan.