

Fred's
BRASSERIE

Spa Menu

Choose one starter and a salad/sandwich, or one salad/sandwich and a dessert

LIGHT BITES

- Goat's cheese & fig tart, petit salad (v)
- Potted shrimp, toasted ciabatta, gherkin & kohlrabi
- Smoked salmon Scotch egg, rocket & beetroot
- Chicken liver parfait, granola crumb, fruit jelly

SALADS

- Chicken Caesar
- Chargrilled aubergine, pearl barley, couscous & pomegranate salad (v)

SANDWICHES

All served on white, brown or gluten free bread, accompanied with a salad garnish and crisps

- Fig & brie (v)
- Smoked salmon & crème fraiche
- Classic egg mayo & watercress (v)

DESSERTS

- Chocolate & salted caramel tiramisu (v)
- Sticky toffee pudding, clotted cream ice cream (v)
- Pear & ginger rice pudding, cinnamon ice cream (v)
- Duck egg custard tart, prune ice cream (v)