

CANTEEN MENU

BREAKFAST

6.30AM TO 11.00AM

GLUTEN FREE AVAILABLE
PLEASE SEE CANTEEN POLICY

BREAKFAST TRAYS

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| EGGS, POACHED OR SCRAMBLED, TOAST <small>GF0</small> | 10 |
| SMASHED AVOCADO, PERSIAN FETA, DUKKAH, WHOLEMEAL SOURDOUGH TOAST | 14.5 |
| ADD 2 POACHED EGGS <small>GF0</small> | +4 |
| CHARRED MUSHROOMS, EGGS POACHED OR SCRAMBLED, MIXED GRAINS, KALE, SOURDOUGH TOAST <small>GF0</small> | 16.5 |
| BAKED HAM OFF THE BONE, EGGS POACHED OR SCRAMBLED, CHERRY TOMATOES, SPINACH LEAVES, SOURDOUGH TOAST <small>GF0</small> | 17 |
| MAPLE CURED BACON, EGGS POACHED OR SCRAMBLED, POTATO GEMS, BLISTERED ROMAS, TOMATO WHIP, SOURDOUGH TOAST <small>GF0</small> | 17.5 |

MORE

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| BACON & EGG BRIOCHE ROLL <small>GF0</small> | 10 |
| CROISSANT, HONEY GLAZED HAM, CHEDDAR, TOMATO | 9 |

BOWLS

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| BERRY SMOOTHIE BOWL, MIXED BERRY, BANANA, COCONUT, FRESH FRUIT, GRANOLA <small>GF0</small> | 14 |
| MANGO SMOOTHIE BOWL, MANGO, BANANA, LIME, COCONUT WATER, CHIA, FRESH FRUIT, GRANOLA <small>GF0</small> | 14 |
| HANDMADE CRUNCHOLA, DEHYDRATED RASPBERRIES, GREEK YOGHURT, ALMOND MILK <small>GF0</small> | 12.5 |
| CINNAMON PORRIDGE, FRESH FRUIT, SPICED MAPLE SYRUP, FLAKED ALMONDS | 13 |

KIDS

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| YOGHURT BOWL, FRUIT, CRUNCHOLA SPRINKLES <small>GF0</small> | 7 |
| SCRAMBLED EGGS, TOAST | 8 |

FOOD

11.00AM TO 4.30PM

GLUTEN FREE AVAILABLE
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WHOLE FOODS TRAYS

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| SEARED HALOUMI, OVEN ROASTED VEGETABLES, TOASTED MIXED SEEDS, CARAMELISED VINAIGRETTE <small>GF</small> | 16.5 |
| FALAFEL, SPICED SWEET POTATO, CHARRED PEPPERS, KALE, CHICKPEAS, ROASTED ONION, TOASTED MIXED SEEDS, GREEN CHILLI YOGHURT <small>GF</small> | 16.5 |
| TERYAKI CHICKEN, WOMBOK SLAW, SPRING ONION, PICKLED CUCUMBER, CRISPY NOODLES, SESAMIE MAYO, SOY DRESSING <small>GF0</small> | 17 |

SEAFOOD TRAYS

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| SALMON POKE, PONZU, WASABI MAYO, FURIKAKE SEASONING, NORI, EDAMAME, BROWN RICE <small>GF</small> | 16.5 |
| TUNA POKE, GINGER, SHALLOTS, SESAME, PICKLED DAIKON, EDAMAME, SOY & GINGER MAYO, MACADAMIA NUTS, BROWN RICE <small>GF</small> | 16.5 |
| TRADITIONAL FISH & CHIPS | 14.5 |
| GRILLED FISH, CHIPS, GREENS <small>GF0</small> | 15.5 |
| SQUID RINGS, CHIPS | 14.5 |
| GRILLED SALMON STEAK, MIXED GREENS, WASABI MAYO, BROWN RICE <small>GF</small> | 19.9 |
| SEAFOOD BASKET, CHIPS | 19.9 |

MORE

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| HALOUMI BURGER, GRILLED MUSHROOM, SPINACH, TOMATO RELISH <small>GF0</small> | 12 |
| FISH TACOS, GUACAMOLE, TOMATO SALSA, CILANTRO SLAW, LIME YOGHURT DRESSING, <small>GF0</small> | 14 |
| CANTEEN BURGER, ANGUS BEEF PATTIE, ICEBURG, CHEESE, FRIED ONION, TOMATO <small>GF0</small> | 14.5 |
| CHICKEN KATSU BURGER, CUCUMBER, WOMBOK SLAW, KOREAN BBQ SAUCE | 14 |
| SPICED PUMPKIN SOUP SERVED IN A SOURDOUGH ROLL, ROASTED PEPITAS, FETTA | 13 |

KIDS

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| FISH & CHIPS <small>GF0</small> | 9 |
| SQUID & CHIPS | 8 |
| SAUSAGE ROLL | 6 |

CANTEEN

PLEASE NOTE: THIS IS OUR MENU FOR THE
RESTRICTED TRADING PERIOD ONLY. PEACE.